



8:30 to 9:00 Networking

What diversity and inclusion education and resources have you and /or your organisation connected to ?



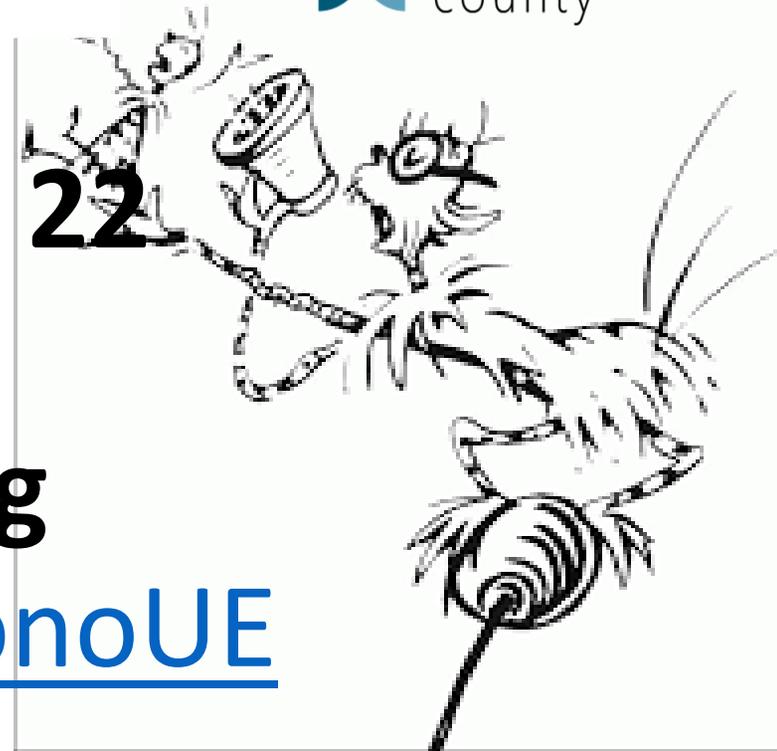
Please enter your answer in the chat



Welcome to our JUNE 22 FORUM

Link to the recording

<https://youtu.be/QilAlRonoUE>



Who is in the room?

**Rename yourself as a
participant**

First name, Last name

Organisation name

i.e.

Elaine Capes DCMOVES



Session is being recorded



CHAT

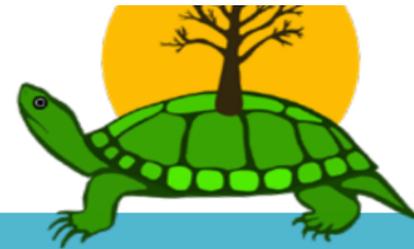


Land Acknowledgment

We would like to begin by respectfully acknowledging that Dufferin County resides within the traditional territory and ancestral lands of the Tionontati (Petun), Attawandaron (Neutral), Haudenosaunee (Six Nations), and Anishinaabe peoples.

We also acknowledge that various municipalities within the County of Dufferin reside within the treaty lands named under the Haldimand Deed of 1784 and two of the Williams Treaties of 1818: Treaty 18: the Nottawasaga Purchase, and Treaty 19: The Ajetance Treaty.

These traditional territories upon which we live and learn, are steeped in rich Indigenous history and traditions. It is with this statement that we declare to honour and respect the past and present connection of Indigenous peoples with this land, its waterways and resources.



Pronunciation Guide:

Tionontati – “Tee-oh-nahn-TAH-tee”

Attawandaron – “At-tah-wahn-da-ron”

Haudenosaunee – “ho-DEE-no-Sho-nee”

Anishinaabe – “ah-NISH-IH-nah-bay”



National Aboriginal day June 21





AGENDA

Introduction to:

Rohan Thompson, Director of People and Equity
Erin Goodyear, Director, Choices Youth Shelter

Facilitators:

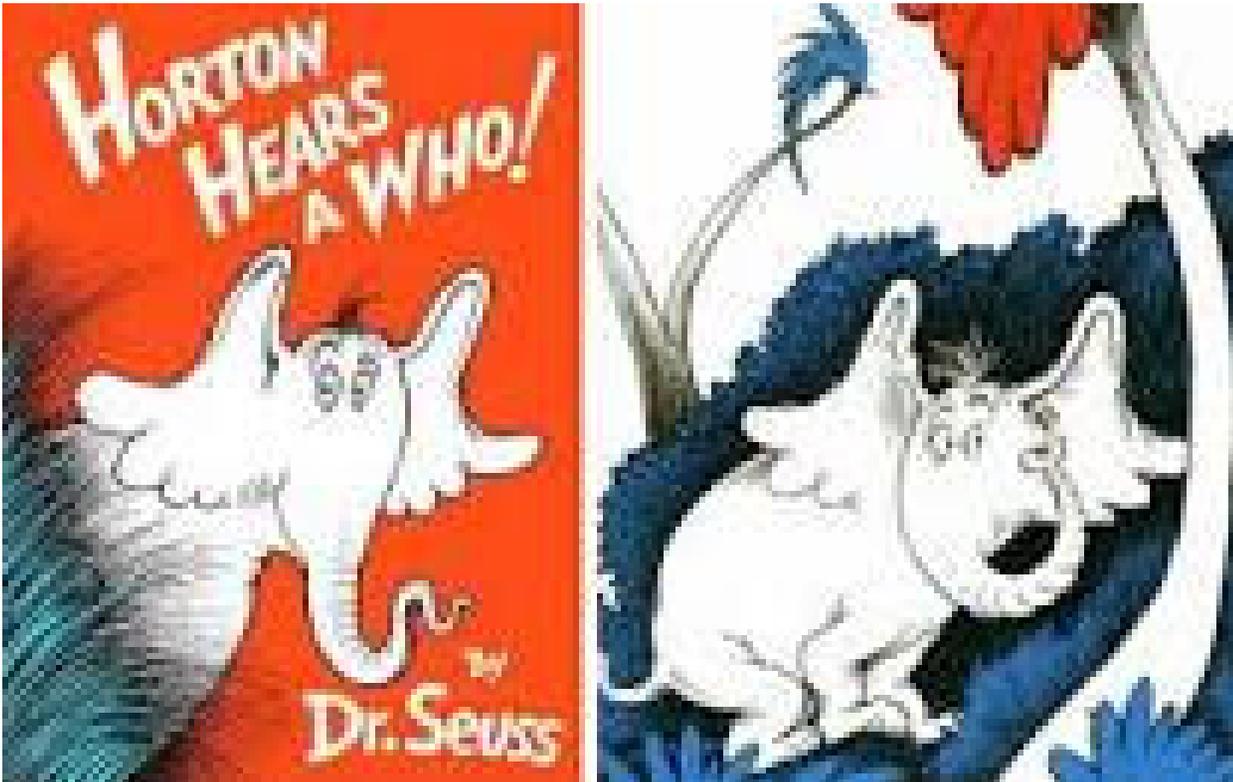
Mary Harvey, Improv – yourself
Hildy Gottlieb, Catalytic Thinking



Purpose of our FORUM
Strengthening our collective
knowledge and capacity
thru information and resource sharing

“Every voice counts”





*“My friends!
Tell me! Do tell!
Are you safe?
Are you sound?
Are you whole?
Are you well?”*

“ I made some studies, and reality is the leading cause of stress amongst those in touch with it.

I can take it in small doses, but as a lifestyle, I found it too needful; it expected me to be there for it all the time, and with all I have to do – I had to let something go. “

Jane Wagner

Cascading Chat

- Name what you want to let go - leave outside the zoom room
- Input 1 to 3 words to chat - and **HOLD**
- Wait for the instruction to hit enter

See the chat responses on the next slide



“I can’t keep up.”

Weekend coverage shortages !!!!!

Reaching Home

Committee, Budget, Scheduling

all work pressures!

The Overwhelming to-dos

worries

Things I cannot change

To Do List

world worries

Preparing for the summer shut down.

home construction

schedule pressures

Worry - in general!

Committee meeting tonight

home repairs

emails, phone calls, cleaning up

Tonight's tasks

Projects

Improv Yourself

Mary Harvey

Today's handout

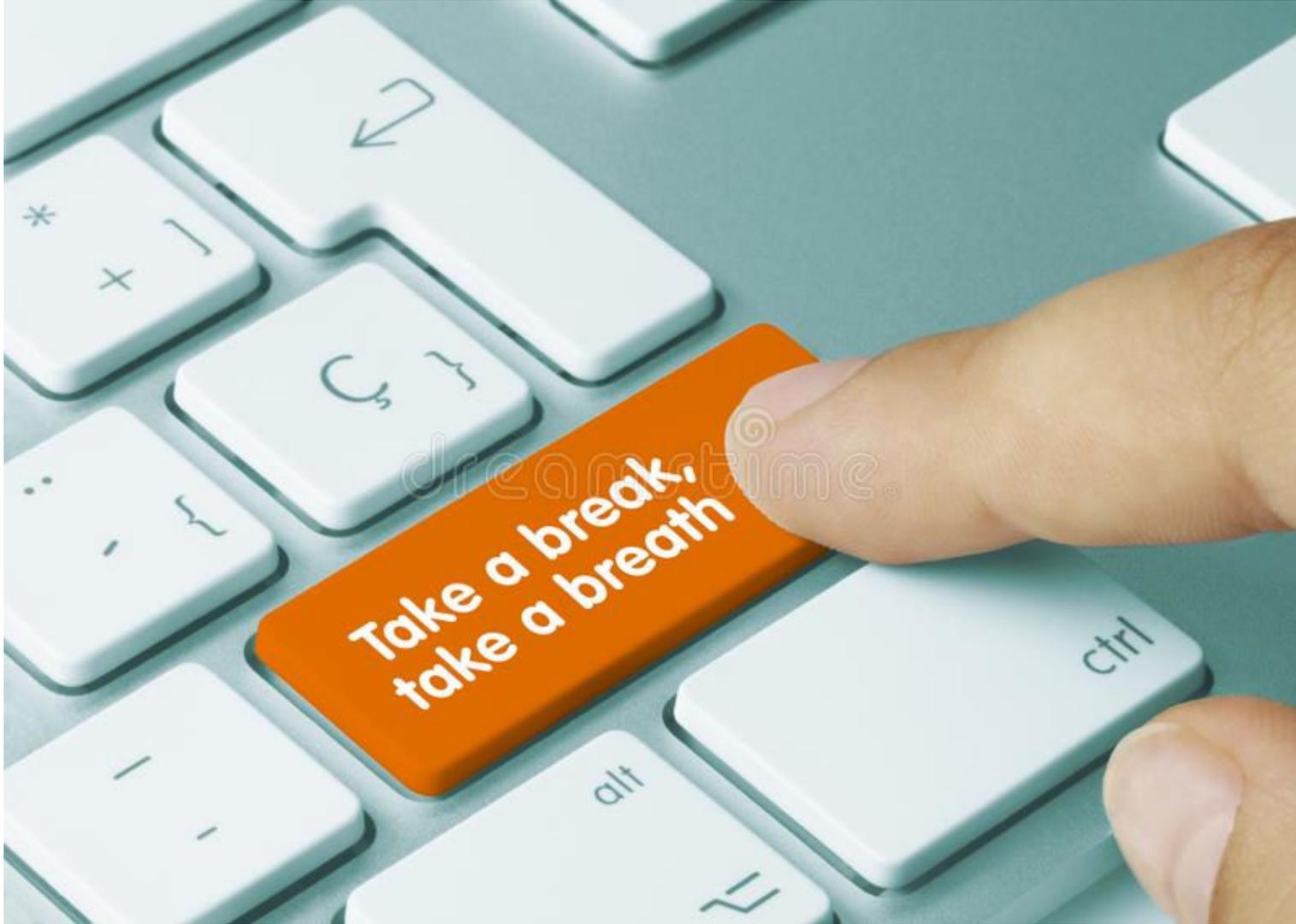
See PDFs

- 1. 15 Life Lessons from Improv and*
- 2. Say Yes*

Yes
&

- Say "Yes, and!"... *especially to joy*
- Stay present
- Visualize
- Speak kindly to and of yourself
...it really does matter
- **Make the other person look good**

If you lose your power to laugh,
you lose your power to think.
- Clarence Darrow





Catalytic Thinking

See Hildy's slide deck

Sign up for Creating the Future's ejournal - scroll to the bottom right

<https://creatingthefuture.org/>

Today's handout

<https://creatingthefuture.org/wp-content/uploads/2020/07/Catalytic-Thinking-Questions.pdf>



Closing Poll

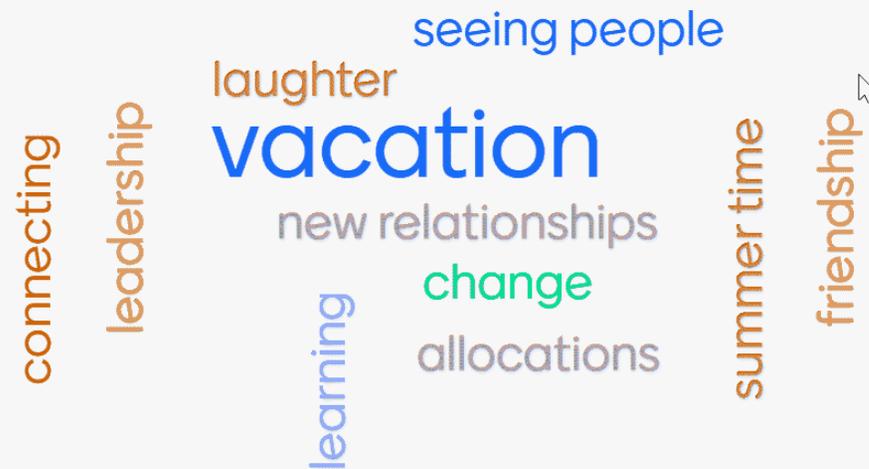
Mentimeter wordle

What are you excited about for the next 2 months?

See the next slide for responses

What are you excited about for the next 2 months?

Mentimeter



In the chat – open text

Feedback on today's session – 3 items:

1. what you liked
2. what you wanted more of
3. ONE take away

What's next

Details will be announce in August for our
September 22 Forum
Planning for IN PERSON
Book your calendar now



I am grateful for

Our presenters Erin Goodyear and Rohan Thompson

Our facilitators Mary Harvey and Hildy Gottlieb

Your continued participation and commitment to DC MOVES

My awesome tech support: Jennifer Payne

Thank you for making us all

Better together !